



children
INSPIRED
by yoga



bendy, giggly yoga for strong bodies and clever minds

Yoga and More Club....

combining yoga, storytelling, active play, music, fun & relaxation, helping to build physical, emotional and social confidence



Join us on magical, exciting & imaginative adventures - whether diving into the ocean with Dolphin, tip-toeing through the jungle with Lion or zooming into space to explore the planets - every week is a new adventure!

Thursdays 3:15-4:30pm for EYFS, Year 1 & Year 2
Starting 11th September 2025
Free trial session available

Reserve your child's space via our website or at:

https://portal.childreninspiredbyyoga.com/Classes/Course+Details/?course_id=6294

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